

## CLAIMS

What is claimed is:

1. A method for regulating the appearance of skin comprising topically apply to said skin a composition comprising a cosmetically or pharmaceutically acceptable carrier and about 0.1% to about 40% of an extract comprising low molecular weight hydrolysable tannins.
2. The method of claim 1, wherein said extract comprises over 40% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.
3. The method of claim 2, wherein said extract comprises about 50% to about 80% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.
4. The method of claim 2 or 3, wherein said extract comprises less than 1% Rutin.
5. A method for inhibiting or decreasing the expression or function of matrix metalloproteases in the skin comprising topically apply to said skin a composition comprising a cosmetically or pharmaceutically acceptable carrier and about 0.1% to about 40% of an extract comprising low molecular weight hydrolysable tannins.
6. The method of claim 5, wherein said extract comprises over 40% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.
7. The method of claim 6, wherein said extract comprises about 50% to about 80% of Emblicanin A, Emblicanin B, Pedunculagin, and Punigluconin.

8. The method of claim 6 or 7, wherein said extract comprises less than 1%

Rutin.